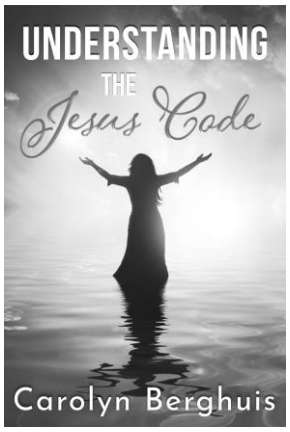
The LIVE Prayer

Love is Victorious Everywhere

This hand-out accompanies The LIVE Prayer video titled *Miracle Healing Prayer | From Inspirational Catholic Speaker* which can be found on YouTube & at www.CarolynBerghuis.com.



Seven Steps of The LIVE Prayer

1. Identify Your Pain
2. Forgiveness
3. Jesus' Passion
4. Precious Blood
5. The Blessed Mother's Comfort
6. Permission & Acceptance
7. Proclamation

Opening Invitation Prayer (example)

Dear God, I come before you in all the humility and gratitude I can muster. I humble ask for your protection and guidance. I ask that you open my heart and mind to your will and the intentions you have for my life and the lives of those I love. I ask that you make this space and time sacred and holy, set aside for the healing you desire for me and my loved ones (give specific names here if you wish). I ask Saint Benedict and Archangel Michael to come here and fortify a hedge of protection around me (us), securing this space and time so it remains protected, sacred, and holy as God desires. I invite all of God's angels and saints (name specific saints and angels here if you wish) that God desires to be here to come and join in this healing and transformation. I ask that they lift me (us) up in prayer and join in the joy God has for me (us). I (we) surrender all in the name of the Father, the Son, and the Holy Spirit amen.

Example: Closing Gratitude Prayer (example)

Dear God, I give you all gratitude and thanksgiving for the healing you gave me (us) today. I thank Saint Benedict and Archangel Michael for their protection. I thank all God's angels and saints who joined me (us) today and participated in the healing God desires for their participation. Please continue to increase in me a level of humility and love so that my (our) heart(s) more fully conforms to the Sacred Heart of Jesus. I (we) surrender all of who I (we) am (are) to the Father, to the Son, and to the Holy Spirit amen.

The LIVE Prayer Outline – Pain/Emotion Directed Towards Another, Self, or God

1. **Identify Your Pain**
   I am (list emotion/pain) _____ at (give name) _____ because (give circumstance when you feel the emotion/pain)
   _____.

2. **Forgiveness – *Prayer begins with this:***
   I forgive myself for believing I can't love (give name) _____when (give circumstance when you feel the emotion/pain)
   _____.

   I forgive myself for believing I can't feel (give name) _____'s love when (give circumstance when you feel the emotion/pain)
   _____.

3. **Jesus' Passion**
   I unite the (list emotion/pain) _____ I feel towards (give name) _____ when (give circumstance when you feel the emotion/pain) _____ with Jesus' Passion.

4. **Precious Blood**
   I ask God, through Jesus, and in the Holy Spirit to come into the space where I have held this (list emotion/pain) _____ towards (give name) _____ when (give circumstance when you feel the emotion/pain) and cleanse it with the Precious Blood of Jesus, and heal it with all the divine (give counter emotion God has for you) _____ my heart could ever desire.

5. **The Blessed Mother**
   I ask the Blessed Mother to comfort the parts of me this (list emotion/pain) _____ towards (give name) _____ has injured me and separated me from her Son.

6. **Permission & Acceptance**
   I give myself permission to accept that through Jesus Christ I can experience all the divine (give counter emotion God has for you) _____ God has for me even when, and especially when, (give circumstance when you feel the emotion/pain)
   _____.

7. **Proclamation**
   I proclaim in the name of Jesus that this (list emotion/pain) _____ I have experienced when (give circumstance when you feel the emotion/pain)
   _____
   only serves to more fully unite me with the redemptive suffering of Jesus Christ and the promises of the cross.

The LIVE Prayer Outline – Fear Carried for Another or Self

1. **Identify Your Pain**
   I am fearful for (list name) _____'s (list what you are afraid of for them) _____ because they (list what they have done or are doing) _____.

2. **Forgiveness – *Prayer begins with this*:**
   I forgive myself for believing I can't love (give name) _____ without feeling the fear I feel when I'm afraid for his/her (list reason for your fear/pain) _____.

   I forgive myself for believing I can't feel (list name) _____'s love without feeling the fear I feel when I'm afraid for his or her (list reason for your fear)_____.

3. **Jesus' Passion**
   I unite the fear I feel when I'm afraid for (list name) _____'s (list what you are afraid of for them)_____ with Jesus' Passion.

4. **Precious Blood**
   I ask that God, through Jesus, and in the Holy Spirit come into the space where I have held this fear for (list name) _____'s (list what you are afraid of for them) _____, and cleanse it with the Precious Blood of Jesus, and heal it with all the divine (give counter emotion God has for you) _____ my heart could ever desire.

5. **The Blessed Mother**
   I ask the Blessed Mother to comfort the parts of me where this fear has injured me and separated me from her Son.

6. **Permission & Acceptance**
   I give myself permission to accept that through Jesus Christ I can experience all the (give counter emotion God has for you) _____ God has for me even when, and especially when, (give name) _____ is (list what they have done or are doing)_____.

7. **Proclamation**
   I proclaim in the name of Jesus that this fear I have experienced for (list name) _____'s (list what you are afraid of for them) _____ only serves to more fully unite me with the redemptive suffering of Jesus Christ and the promises of the cross.

Prayer Examples From Video

Miracle Healing Prayer | From Inspirational Catholic Speaker

The LIVE Prayer – Pain/Emotion Directed Towards Spouse

Begin with your Opening Invitation Prayer – feel free to personalize it.

I forgive myself for believing I can't love my spouse when he/she doesn't listen to me. I forgive myself for believing I can't feel my spouse's love when he/she doesn't listen to me. I unite the anger I feel towards my spouse when he/she won't listen to me with Jesus' Passion. I ask God, through Jesus, and in the Holy Spirit to come into the space where I have held this anger towards my spouse when he/she doesn't listen to me, cleanse it with the Precious Blood of Jesus, and heal it with all the divine spousal love my heart could ever desire. I ask the Blessed Mother to comfort the parts of me this anger towards my spouse has injured and separated me from her Son. I give myself permission to accept that through Jesus Christ I can experience all the divine spousal love God has for me even when, and especially when, my spouse doesn't listen to me. I proclaim in the name of Jesus that this anger I have experienced when my spouse doesn't listen to me only serves to more fully unite me with the redemptive suffering of Jesus Christ and the promises of the cross.

Conclude with your Closing Gratitude Prayer – feel free to personalize it.

The LIVE Prayer – Carried Fear

Begin with your Opening Invitation Prayer – feel free to personalize it.

I forgive myself for believing I can't love my child without feeling the fear I feel when I'm afraid for his or her safety and salvation. I forgive myself for believing I can't feel my child's love without feeling the fear I feel when I'm afraid for his or her safety and salvation. I unite the fear I feel when I'm afraid for my child's safety and salvation with Jesus' Passion. I ask God, through Jesus, and in the Holy Spirit to come into the space where I have held this fear for my child's safety and salvation, cleanse it with the Precious Blood of Jesus, and heal it with all the divine peace my heart could ever desire. I ask the Blessed Mother to comfort the parts of me this fear for my child's safety and salvation has injured me and separated me from her Son. I give myself permission to accept that through Jesus Christ I can experience all the divine peace God has for me even when, and especially when, I am fearful for my child's safety and salvation. I proclaim in the name of Jesus that this fear I have experienced for my child's safety and salvation only serves to more fully unite me with the redemptive suffering of Jesus Christ and the promises of the cross.

Conclude with your Closing Gratitude Prayer – feel free to personalize it.